

COBALT, ANTIMONY COMPOUNDS, AND WEAPONS-GRADE TUNGSTEN ALLOY

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OF CARCINOGENIC HAZARDS
TO HUMANS

Table S1.19 Exposure assessment review and critique for mechanistic studies in humans exposed to cobalt

Reference and mechanistic end-point	What was the study design?	Relevant form(s) of cobalt in exposed population ^a	What methods were used for the exposure assessment (including data source, environmental and biological measurements etc.)?	What was the exposure definition?	Was exposure assessment qualitative, semiquantitative, or quantitative?	Concerns noted on sampling and collection protocols for metals measurement	What routes of exposure were assessed?	What exposure metrics were derived for use in analyses (e.g. average exposure, exposure duration, cumulative exposure etc.)?	What was the timing of exposure relative to the outcome?	Was there potential for co-exposures to other metals/carcinogens? If yes, were these accounted for in analyses?	Was there potential for differential or non-differential exposure misclassification?
GENERAL POPULATION STUDIES											
Arslan et al. (2011)	Case-control	Not intended to be specified (general population study)	Biological samples	Exposure to a series of metals in blood, including cobalt, was assessed among patients with malignant glial tumours	Quantitative	The use of a single biological sample may not have captured an appropriate exposure window for the outcome under study	All routes	Average cobalt concentrations in plasma (µg/dL)	The exposure was assessed after the outcome	Several other metals were assessed and considered individually in analyses	Differential misclassification: unlikely Non-differential misclassification: potentially
Bibi et al. (2016) Blood antioxidant response	Cross-sectional	Not intended to be specified (general population study)	Geographical location Biological samples	Cobalt exposure was assessed among 48 individuals from four areas of Pakistan based on measurements in urine, blood, nails and hair; geographical location, categorized as low/medium/high risk, the latter categorization was not specific to cobalt	Semiquantitative (low/medium/high) Quantitative (biological measurements)	No	All routes	Risk of exposure was assigned as low, medium, or high risk (geographical location) Average concentrations of cobalt in urine and blood (units not reported)	Exposure information was collected at the same time as the outcome was measured	Exposure to a variety of metals was assessed, but these were considered separately in the analysis	Non-differential misclassification: potentially, in the geographical location of the study participants and due to the reliance on a single biological sample
Calderón-Garcidueñas et al. (2013) DNA repair and inflammatory markers in brain tissue	Cross-sectional	Not intended to be specified (general population study)	Biological samples	Metals, including cobalt, were assessed in the frontal cortex and lungs of 59 decedents who had died in high- or low-air pollution cities	Quantitative	None	All routes	Average metal concentrations in tissue (µg/g dry tissue)	Exposure information was collected at autopsy, the same time as the outcome was measured; it is unclear whether the exposure timing would have captured the relevant window of exposure for the outcomes assessed	Exposure to a variety of metals was assessed, but metals were considered individually	Differential misclassification: unlikely
Howe et al. (2021)	Cross-sectional analysis within a prospective cohort study	Not intended to be specified (general population study)	Biological samples	9 metals, including cobalt, were quantified in the urine of pregnant women (at first trimester of pregnancy) using ICP-MS; only the 3-month samples appear to be included in the reported analyses	Quantitative	The use of a spot urine sample may not have captured an appropriate exposure window for the outcome under study; urine is not an ideal sample type for all metals	All routes	Urinary cobalt (cobalt, µg/L)	Exposure and outcomes were assessed at the same time, but in additional analysis exposure was assessed before the outcome	9 metals were assessed and considered separately in analyses; multiple metal associations were tested using Bayesian Kernel Machine Regression	Differential misclassification: unlikely Non-differential misclassification: potentially
Johnstone et al. (2014)	Nested case-control	Not intended to be specified (general population study)	Biological samples	Urinary cobalt was assessed (along with several other metals and trace elements) among 473 women participating in the Endometriosis Natural	Quantitative	No	All routes	Mean cobalt concentrations in urine (µg/g creatinine)	Exposure was assessed before the outcome	Yes, there was potential for exposure to other metals and trace elements, many of which were measured in this study but not accounted for in the statistical analysis (adjusted models)	Differential misclassification: unlikely Non-differential misclassification: likely, due to the use of

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Li et al. (2021b) Oxidative stress markers	Cross-sectional	Not intended to be specified (general population study)	Biological samples (blood)	Cobalt (and other metals) in blood were assessed among people living near a former electronic waste recycling site (<i>n</i> = 69) and a reference area (<i>n</i> = 53)	Quantitative	No	All routes	Cobalt concentration in whole blood of exposed and reference group (ng/mL)	Exposure information was collected at the same time as the outcome was measured	Other heavy metals (nickel, mercury, tin, lead, cadmium, copper, zinc) were also quantified and were examined individually in analyses	spot urine samples collected at baseline Differential misclassification: unlikely Non-differential misclassification: potentially
Scharf et al. (2014)	Cross-sectional	Cobalt metal	Biological samples	Surgical tissues from 18 patients undergoing revision surgery of medical implants (9 metal-on-metal implants, cobalt and chromium; 9 comparison implants) were examined	Qualitative	No	Implantation (medical device)	Cobalt ion concentrations in periprosthetic tissues surrounding control and metal-on-metal implants	Exposure occurred before the outcome measurement	It is possible that the implants contained metals other than cobalt; chromium was considered extensively in the study	N/A due to study design
Xue et al. (2021) Blood oxidative stress and inflammation markers	Cross-sectional	Not specified	Biological measures at a single point in time	Cobalt (and other metals) in plasma were assessed among people living near a former electronic waste recycling area (<i>n</i> = 62) and a reference location (<i>n</i> = 47)	Quantitative	No	All routes	Mean/median cobalt concentration in plasma (ng/mL)	Biological measures were assessed at the same time as the outcome was measured	Exposure to other metals is likely in this setting; other metals in biological samples were quantified	Differential misclassification: unlikely Non-differential misclassification: potentially; as the biological samples were collected only at one point in time and this may not reflect exposure in a time window relevant to the outcome
EXPERIMENTAL STUDIES											
Amirtharaj et al. (2008) Cobalt binding to serum albumin	Experimental	Cobalt salts	Laboratory controlled exposure	0.232 mM cobalt chloride was applied to serum samples to assess cobalt binding in this experimental study	Quantitative	No	N/A as cobalt was applied directly, and in a controlled manner, to blood (serum) samples	N/A due to study design	The exposure was applied to the experimental samples before the measurement of the outcome	No	N/A due to study design

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Katsarou et al. (1997)	Experimental	Cobalt salts	Laboratory controlled exposure	From 180 men who were cement workers with positive patch tests for chromium or cobalt salts who returned for a subsequent patch test, T-cells from 20 patients were studied; 10 patients with consistently positive patch test results and 10 patients who had previously had a positive patch test and now had a negative patch test	Insufficient detail to assess	The amount of cobalt applied (concentration, volume) to the T-cells is not reported	N/A due to study design	The concentration and amount of cobalt the cells were exposed to is not reported	Exposure occurred before the outcome was measured	No	N/A due to study design
L'vova et al. (1990)	Experimental	Cobalt salts	Laboratory controlled exposure	An experimental study was carried out with human cell cultures; cobalt chloride was applied to cell culture as a mutagen	Quantitative	The concentration of cobalt chloride administered is reported, but the volume is not	N/A as cobalt chloride was applied directly, and in a controlled manner	N/A due to study design	The exposure was applied to the experimental samples before the measurement of the outcome	No	N/A due to study design
INDUSTRY-BASED STUDIES											
Andersson et al. (2021)	Cross-sectional	Cobalt metal	Air samples Biological samples Historical data	72 workers from 2 Swedish hard-metal companies participated in a study of cobalt exposure	Quantitative	None for cobalt Results for tungsten air concentrations are reported, but the source of these values is unclear	Inhalation (air samples) All routes (biological samples)	Average cobalt concentrations in air (mg/m ³) Personal samples: inhalable fraction Stationary samples: inhalable, total and respirable fractions Cumulative cobalt concentration in air (mg/m ³ -years) Average cobalt concentration in blood (nmol/L) Average cobalt concentration in urine (nmol/L) Exposure variables were split into tertiles for analysis	Exposure was assessed on the same day that biological samples were collected	All job groups included had detectable tungsten exposure; the methods are not detailed nor are these results considered in analysis	Differential misclassification: unlikely
Bencko et al. (1983)	Cross-sectional	Not specified	Occupational history	35 workers "occupationally exposed to cobalt" were studied in comparison to 38 nickel-exposed workers and 42 controls	Qualitative (yes/no)	Insufficient detail to assess Metal was not measured	All routes (indirectly)	Occupational exposure to cobalt (yes/no)	Exposure information reported suggested workers had a mean duration of	Insufficient detail to assess	Insufficient detail to assess

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Serum immunoglobulin concentrations									employment ~10 years and thus exposure did occur before the assessment of outcomes		
Bencko et al. (1986a) Serum immunoglobulin concentrations	Cross-sectional	Not specified	Occupational history and biological samples	35 workers "occupationally exposed to cobalt" were studied in comparison to 38 nickel-exposed workers and 42 controls	Quantitative	Insufficient detail to assess	All routes (indirectly)	Average cobalt concentrations in hair ($\mu\text{g/g}^1$)	Exposure information reported in Bencko et al. (1983) suggests workers had a mean duration of employment ~10 years and thus exposure did occur before the assessment of outcomes	Exposure to nickel was measured in biological samples among in the group with occupational exposure to cobalt, but it was not accounted for in the analysis	Insufficient detail to assess
De Boeck et al. (2000)	Cross-sectional	Not specified [inferred by the Working Group to possibly include cobalt metal and cobalt-bearing tungsten carbide, as well as particles containing other metals]	Biological samples	35 male workers with exposure to cobalt dust were compared with 29 workers with tungsten carbide exposure and 35 matched controls with neither exposure	Quantitative	No	All routes	Cobalt in urine ($\mu\text{g/g}$ creatinine)	Exposure was assessed at the end of the work week; the outcomes were assessed 3 days later, following a weekend off work	Yes, it seems likely that exposure to other metals is possible; however, a specific group of workers only exposed to cobalt dust was considered; no other metals were reported in the analysis; smoking and alcohol consumption were considered in the analyses	Differential misclassification: unlikely Non-differential misclassification: potentially
Gennart et al. (1993)	Cross-sectional	Cobalt-bearing metal [Authors note that exposure also to metal oxides cannot be excluded]	Biological samples Questionnaires Air samples	Cobalt in urine was assessed among 24 male workers in a metal powder production factory and compared with 23 clerical workers; mechanistic end-points were assessed between the two groups (exposed/unexposed) and by duration of exposure	Qualitative Quantitative	Methods for determining metals in spot urine samples are not described; the timing of spot urine samples is also not described	All routes	Exposed/unexposed Years of exposure (0 years; < 5 years, \geq 5 years) Mean cobalt concentrations in urine ($\mu\text{g/g}$ creatinine)	Exposure in biological samples was assessed at the same time as the outcome	Yes, the exposed workers had exposure to chromium, iron, and nickel in addition to cobalt, as demonstrated by the air sampling results; air levels of cobalt, chromium, iron, and nickel were reported but not analysed in relation to mechanistic end-points	Differential misclassification: unlikely Non-differential misclassification: likely; because of the use of spot urine samples
Hengstler et al. (2003) DNA strand breaks and repair	Cross-sectional	Not specified	Air samples (from breathing zone) Biological samples (urine)	Cobalt in air and urine was assessed among 78 workers from 10 facilities engaged in either the production of cadmium-containing pigment or batteries, or the recycling of electric tools	Quantitative	The exposure windows captured by the air and biological samples were not aligned; urine was collected at the end of the work shift, during which the air levels were measured and likely reflect earlier time periods of exposure	Inhalation (air samples) All routes (biological samples)	Cobalt concentration in air ($\mu\text{g/m}^3$) Cobalt concentration in urine ($\mu\text{g/L}$) Cobalt concentration in urine normalized to creatinine ($\mu\text{g/g}$ creatinine)	Exposure information was collected at the same time as the outcome was measured	Cadmium and lead were also assessed quantitatively (cadmium: air, blood, urine; lead: air, blood); these metals were accounted for in the analysis Smoking, alcohol, ionizing radiation, and other carcinogens were also considered	Differential misclassification: unlikely

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Mateuca et al. (2005)	Cross-sectional	Cobalt metal	Occupational history	Participants drawn from the population of De Boeck et al. (2000) 21 men who were refinery workers with exposure to cobalt dust were compared with 26 refinery workers with tungsten carbide (hard-metal) exposure and 26- matched controls with neither exposure, but employed at the same plants	Qualitative	No	All routes (indirectly)	Exposed/unexposed ("exposure") Three exposure groups: cobalt-exposed; tungsten carbide-exposed; unexposed (also referred to as "type of plant")	Exposure was determined before the outcome	Yes, there is potential for exposure to other metals; however, a specific group of workers only exposed to cobalt dust was considered; the study participants were drawn from workers at several European refineries; no other exposures were considered in the analysis	Differential misclassification: unlikely Non-differential misclassification: potentially
Princivalle et al. (2017) Haemoglobin adducts	Repeated cross-sectional (exposure only)	Cobalt metal Cobalt oxides	Biological measures (urine and blood) Air samples	Cobalt was prospectively assessed in urine and blood among 34 workers at a hard-metal manufacturing plant	Quantitative	No	All routes	Average cobalt concentrations in urine ($\mu\text{g/L}$ and $\mu\text{g/g}$ creatinine) Cobalt in plasma ($\mu\text{g/L}$) Cobalt levels in whole blood ($\mu\text{g/L}$) Cobalt in air (mg/m^3)	Exposure and outcome were assessed at the same time	Yes, there was potential for other exposures including tungsten carbide and these were not accounted for in analyses, though the outcomes in this study are specific to cobalt	N/A due to study design
Shirakawa & Morimoto (1997) Immunoglobulin E antibodies against cobalt-conjugated serum albumin	Cross-sectional	Cobalt metal	Occupational groups (exposed/unexposed)	Hard-metal exposure was assessed qualitatively (yes/no) among hard-metal plant workers; this exposure definition is not specific to cobalt; included workers were engaged in the production of hard metals, a process that included other metals (e.g. tungsten, nickel, and molybdenum, as described by Kusaka et al.; 1986)	Qualitative	It is unclear how the exposure groups were constructed and the temporality of these decisions in related to the outcome measures	All routes (indirectly)	Exposed and unexposed groups There are multiple exposure variables listed in the multiple regression models, some reported with quantitative units (mg/m^3 – exposure concentrations; exposure doses) but neither is described in the methods	The timing of the construction of the exposure groups in relation to the assessment of the outcome measures is unclear, though it seems to be a prospective study	Yes, exposure to tungsten carbide is likely; smoking status was investigated explicitly in the analyses; earlier publications seemingly from the same hard-metal plant report tungsten, titanium, cobalt, and nickel in lung biopsy specimens of workers (Kusaka et al., 1986), and 96% of total dust was assumed to be tungsten carbide (Kusaka et al., 1992)	Differential misclassification: unlikely Non-differential misclassification: potentially
Swennen et al. (1993) Thyroid metabolism markers, white blood cell count, erythropoietic markers	Cross-sectional	Cobalt metal Cobalt and oxides possible	Several data sources were reported including: Location of employment Biological measures (blood and urine) Air samples (breathing zone)	Employment in a cobalt refinery (yes/no) was the method used in examination of the mechanistic end-points among 164 workers (82 exposed, 82 not exposed); the exposure definition is not specific to cobalt, but there is no mention of other metals; little information on the comparison group is provided	Associations with mechanistic end-points are limited to qualitative exposure assessment methods (exposed/unexposed based on location of employment)	No	Employment location: all routes (indirectly) for all participants	Exposed (yes/no)	Exposure (employment) occurred before the measurement of the mechanistic end-points	The study population was focused on a cobalt refinery reducing the potential for other metal exposures among the exposed group Smoking was considered and did not differ between the exposed and unexposed groups	Differential misclassification: unlikely Non-differential misclassification: low potential in the qualitative location of employment approach groups

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Walters et al. (2012)	Cross-sectional	Cobalt metal	Occupational history Biological samples	Following 5 cases of occupational asthma in the workplace, 62 workers from an aerospace manufacturing company were studied in a cross-sectional study; biological samples were specific to cobalt, however qualitative exposure groups were not specific to cobalt	Qualitative and quantitative	The use of spot urine samples may not have captured an appropriate exposure window for the outcome under study	All routes	Qualitative: working in areas with medium or higher exposure to metalworking fluid; working in areas with low or no exposure to metalworking fluid Quantitative: average urinary cobalt concentrations ($\mu\text{g/L}$)	Exposure was measured at the same time as the outcomes were measured	Yes, the workers were employed in aerospace manufacturing where alloys including nickel, chromium, light steel, and titanium were in use; there was additionally potential for exposure to tungsten as tungsten carbide-tipped tools were in use; urinary chromium was assessed but considered separately	Differential misclassification: unlikely; the use of spot urine samples is likely to introduce non-differential exposure misclassification
Wultsch et al. (2017)	Cross-sectional, with comparison group	Not specified, likely cobalt salts	Biological samples, air samples Questionnaires	42 workers from a bright electroplating factory were compared with 43 participants recruited from jail wardens	Quantitative	The use of a single biological sample may not have captured an appropriate exposure window for the outcome under study	All routes	Cobalt concentrations in blood were reported as $\mu\text{g/L}$ plasma Cobalt concentrations in ambient air (mg/m^3) Duration of exposure (years) was constructed (None; < 5 years; 5 to < 10 years; > 10 years)	The exposure and outcome were assessed at the same time	Yes, the workers in the electroplating plant had potential exposure to other metals including chromium and nickel; chromium was assessed in blood (and air) but considered separately	Differential misclassification: unlikely Non-differential misclassification: potentially
CASE STUDIES/SERIES											
Krakowiak et al. (2005)	Case study ($n = 1$) with specific challenge testing	Cobalt salts in challenge testing	Occupational history Nasal provocation Patch testing	A case of occupational asthma is described in a 35-year-old man with approximately 10 years of work experience in the hard-metal industry as a diamond polishing disc former; as part of the clinical workup, controlled exposure to cobalt was administered to the patient during patch testing and nasal provocation tests	Quantitative	No	Patch testing: skin Nasal provocation testing: inhalation	Cobalt chloride was applied to the skin in varying concentrations (0.01%, 0.1% and 1%) diluted in phosphate buffer solution Cobalt chloride was delivered at 0.05% solution in phosphate-buffered saline through the nasal route	The exposure was quantified before the outcome	The case described was a hard-metal worker and likely had other exposures in the workplace (e.g. tungsten carbide), but the controlled exposures described in the case report were specific to cobalt	No, exposure was controlled as part of the patch testing and nasal provocation testing
Nemery et al. (1990)	Case study ($n = 1$) Inflammatory cells: single case study	Cobalt metal	Occupational history Biological measures	The exposure history is described for a diamond polisher who had a history of using polishing discs that contained cobalt Cobalt was assessed in lung tissue (mass) and through use of transmission electron microscopy	Qualitative and quantitative measures of exposure are reported for the case	No	Inhalation	Cobalt concentration in lung tissue ($\mu\text{g/g}$ wet lung)	≥ 10 years of cobalt exposure preceded the diagnostic process	Yes, iron, nickel, and chromium were also measured and reported; 5 cigarettes/week	N/A due to study design

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Rizzato et al. (1994)	Case series (n = 3)	Not specified	Biological samples	Cobalt levels in various biological specimens (e.g. blood, urine, pubic hair, nails, sperm) were measured using neutron activation analysis for 4 patients with an occupational history of exposure to cobalt and chest X-rays suggestive for sarcoidosis	Quantitative	No	All routes	Concentrations in biological samples were reported as the ratio between the concentration of elements in tissue in each patient sample relative to a group of controls; results reported in Rizzato et al. (1992)	The exposure was assessed after the outcome	The 3 cases all had potential exposure to other metals at work as they were employed in the hard-metal industry; all of cobalt, tungsten, and tantalum were quantified in the samples and reported separately	N/A due to study design
Tilakaratne & Sidhu (2015)	Case study (n = 2)	Cobalt salts in challenge testing (as per Australian patch testing baseline series)	Occupational history	The work history is described for 2 workers with a history of work in home renovations; 1 case had a doubtful (±) patch test reaction to cobalt and the other with a strong positive (+++) reaction to cobalt	Qualitative description of work is reported for the cases	No	All routes (indirectly)	None, descriptive	Information on exposure was collected at the same time as the outcomes were measured	Yes, exposure to chromate and nickel is likely in both cases; this exposure was discussed but the nature of the case study meant that there was no exposure-response relationship reported	N/A due to study design

ICP-MS, inductively coupled plasma mass spectrometry; N/A, not applicable.

^a Includes forms of cobalt explicitly described within the study; may not comprehensively describe all cobalt forms present

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