

**REDUCTION OR CESSATION  
OF ALCOHOLIC BEVERAGE  
CONSUMPTION**

VOLUME 20A

IARC HANDBOOKS OF  
CANCER PREVENTION

# REDUCTION OR CESSATION OF ALCOHOLIC BEVERAGE CONSUMPTION

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This publication represents the views and expert opinions of an IARC Working Group on the Evaluation of Cancer-Preventive Interventions, which met in Lyon, 22–26 May 2023

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## International Agency for Research on Cancer

The International Agency for Research on Cancer (IARC) was established in 1965 by the World Health Assembly, as an independently funded organization within the framework of the World Health Organization. The headquarters of the Agency are in Lyon, France.

The Agency has as its mission to reduce the cancer burden worldwide through promoting international collaboration in research. The Agency addresses this mission through conducting cancer research for cancer prevention in three main areas: describing the occurrence of cancer, identifying the causes of cancer, and evaluating preventive interventions and their implementation. Each of these areas is a vital contribution to the spectrum of cancer prevention.

The publications of the Agency contribute to the dissemination of authoritative information on different aspects of cancer research. Information about IARC publications, and how to order them, is available at <https://publications.iarc.who.int/>.

### *IARC Handbooks of Cancer Prevention* **Volume 20A: Reduction or Cessation of Alcoholic Beverage Consumption** **Lyon, France, 22–26 May 2023**



## IARC Handbooks of Cancer Prevention

In 1969, the International Agency for Research on Cancer (IARC) initiated a programme on the evaluation of the carcinogenic risk of chemicals to humans involving the production of monographs of critical reviews and evaluations of individual chemicals.

The *IARC Handbooks of Cancer Prevention* complement the *IARC Monographs*' identifications of carcinogenic hazards. The objective of the programme is to coordinate and publish critical reviews of data on the cancer-preventive effects of primary or secondary interventions, and to evaluate these data in terms of cancer prevention with the help of international working groups of experts in prevention and related fields. The lists of evaluations are regularly updated and are available at <https://handbooks.iarc.who.int/>.

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